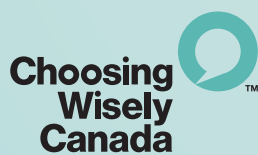


WHY GIVE 2 WHEN 1 WILL DO?

**Especially now, to help
conserve the blood supply.**

- Don't transfuse more than one red cell unit at a time in non-bleeding patients.
- Don't transfuse red blood cells in asymptomatic, non-bleeding patients with hemoglobin greater than 70 g/L.
- Don't transfuse blood if other therapies (e.g. iron) would be effective.



For more information, visit:
www.choosingwiselycanada.org/transfusion-medicine.

